

## PEWSEY VALE HEALTH & WELLBEING FORUM

Minutes of the meeting on January 17th 2019 2-30 pm at The Vale Meeting Room

### MINUTES

**Attending:** Dawn Wilson (PCAP), Cllr Stuart Wheeler (Pewsey Area Board), Judy Haines (Grt Bedwyn Footpaths), Sylvie Claydon (Occupational Therapist supporting Dementia), Susie Brew (PCAP), Hilary Hollingsworth (Churches) and Sanjana Matthews-Mair (Health Trainer), Lesley Green (Shalbourne Crafts Group)

**Apologies:** Ros Giffiths (Wilts Council CEM), Fanny Middleton (Alzheimer's Support), Susan Hiscocks (Kennet Gateway Club), Fanny Middleton (Alzheimers' Support), Mary Soellner (Bedwyn Surgery). Mary Meilton (User Engagement Outreach Worker), Pauline Dark (Carers' Café), Jennifer Totney (Pewsey Parish Church), Marion Harvey (Rushall Memory Café), Nell Light (Home Instead), Marilyn Hunt (Pewsey Parish Council).

1. **Welcome and introductions**-see above. Cllr Wheeler welcomed everyone.
2. **Previous minutes**- *Resolved* that these be accepted.
3. **Update on actions /matters arising** – Most actions completed or ongoing. Specific discussion took place around
  - i. Asset Mapping – 5 replies from the parishes so far. Dawn has the original asset map from an action at the very first JSA Planning event. **ACTION** PCAP have begun to update it. This list to be developed into a map and brochure to include a local transport section. This will help identify where the gaps are. **ACTION** – Target for a pilot brochure for during 2019. A second “delivered in the home service” for the elderly was also mentioned, e.g. home visiting hairdresser's and chiropodists. Does Age Concern already do this?
  - ii. The Vale Community Campus – activities for older people. The groups received a tour of the new and improved Leisure centre which is going from strength to strength. Sanjana described her health trainer and healthy eating service “Shapeup4Life” which she offers as well as being a personal trainer and fitness instructor. Persuading the GPs to use prescription for activities was also discussed and might be promoted using the brochure at i above. Information about loneliness through the single occupancy data is not available for sharing. It was suggested the group talk to day services and the adult care team also supported and sheltered care homes. These are other places to share the asset register.
4. **Grant Applications**-
  - i. Canal Trip – a pilot project with Bruce Boat on the Canal at Grt Bedwyn. A social outing to combat loneliness and isolation. Sadly we have lost Mary Soellner who was helping with this so PCAP will try to deliver this project this summer. Application for £585
  - ii. Gateway Club – A social club for those living with disabilities in Woodborough Club. Celebrating over 40 years and with over 80 members their travel costs are £10,000 a year. They are asking for £2,000 towards these costs.

- iii. Memory Café – Run by PCAP once a month a request for £500 towards advertising costs and a trip for those attending to celebrate their 4<sup>th</sup> birthday.
  - iv. Raizer Chair – As seen at the December Area Board, for use by our local First Responder volunteers to enable one responder to lift a prone person to sitting or standing where there are no injuries requiring an ambulance. Grant request for £2,000
  - v. Remaining Budget –We had £4,600 remaining plus the £1,000 for the Champion role which remains unfilled. These grants leave £515. \*Note at the area board January this was used for the Woodborough/Cannings/Chirton Schools’ project.
5. **Update on funded projects** - Lesley from Shalbourne talked to the group about her plans for the Shalbourne Craft Group. She has the support of the Parish Council and Village Hall but may need support with banking and insurance until the group demonstrates sustainability. A grant request for an adjustable table and high seated chair have been identified once they have themselves organised.
6. **Marketing (Forum/Grants/Older Peoples Champion)** – the groups identified that information about the group by way of an editorial of around 150 words should be circulated to all local parish magazines and sites online to help raise awareness. See Appendix 1 for a draft.

The Chair thanked everyone for attending and closed the meeting at 3-45.

Next meeting 7<sup>th</sup> March at 2-10pm – Venue to be confirmed either the Vale room or Pewsey Parish Meeting Room.

**Future dates will be published on the website – [www.pewseycap.org.uk/events](http://www.pewseycap.org.uk/events)**

**Thank you to all who attended and gave up their time.**

**Contact: Susie Brew – PCAP Coordinator [pcap@hotmail.co.uk](mailto:pcap@hotmail.co.uk) or [Dawnwilson917@yahoo.com](mailto:Dawnwilson917@yahoo.com)**

Signed \_\_\_\_\_ Date \_\_\_\_\_  
Cllr Stuart Wheeler (Chair)

Privacy: All members present at the meeting agreed that contact information may be shared within the group. Those not attending can ask to be removed as a contact via the email for PCAP above. We also rely on members to inform us if their contact information changes. Membership and consent for sharing within this group will be renewed in April 2019. **ACTION Susie Brew/PCAP**

## Appendix 1 – Editorial

### Pewsey Vale Health and Well-Being Group (PVHWBG)

We are a group of local residents, volunteers and representatives from local organisations across the Pewsey Community Area who have agreed to form a committee to ensure that the Health and Well-Being funds of £7,000, devolved to Pewsey Area Board, are given in support of local projects and groups for the benefit of older residents in the main, although not exclusively. We aim to meet quarterly to review grant applications to put to the Area Board and to support the improvement of Health and Well Being through diverse means where we feel we can have an impact in a positive way. Anyone with an interest in Health can ask to join the committee or present to the group or apply for funds through either the local Community Engagement Manager or through Pewsey Community Area Partnership (PCAP) who administer this group – [pcap@hotmail.co.uk](mailto:pcap@hotmail.co.uk). For projects that might need additional support with banking, insurance etc, PCAP will offer support if the project meets a local need.