

PEWSEY VALE HEALTH & WELLBEING FORUM

Minutes of the inaugural meeting on April 24th 2018 2-30 pm at Pewsey Parish Office

With thanks to Pewsey Parish Council for the donation of the meeting room

MINUTES

Attending: Dawn Wilson (PCAP), Mary Soellner (Grt Bedwyn Surgery), Susan Hiscocks (Kennet Gateway Club), Marc Reed (Wilts Council CEM), Marianne Harvey (Rushall resident), Judy Haines (Grt Bedwyn Footpaths), Fanny Middleton (Alzheimer's Support), Kate Sharp (Alzheimer's Support), Sylvie Claydon (Occupational Therapist supporting Dementia), Julian Pigsley (Wiltshire Carers), Jennifer Totney (Pewsey Churches), Marion Hunt (Pewsey Parish Council), Susie Brew (PCAP), Nell Light (Home Instead and previously POPP), Cllr Stuart Wheeler (Pewsey Area Board).

Apologies: from the representative for Commissioning on Wiltshire Council and volunteers from Carers Cafe. To be invited Upavon Link, PHAB, Parkinson's support, U3A, Arts Together, Salisbury Reds (for transport related meetings), Community First, Healthwatch and a rep for the new Leisure Centre to help develop activities for older people. Contacts at surgeries to be kept informed through the minutes.

1. **Welcome and introductions**-see above. Cllr Wheeler welcomed everyone.
2. Election of Chair- *Resolved* that Cllr Wheeler act as Chair. Dawn Wilson proposed and this was seconded by Susie Brew. Noted that any member can take the Chair.
3. **Terms of Reference**- the Chair read out the proposed TOR prescribed by Wiltshire Council. *Resolved* that these be adopted in principle and circulated to the members. **ACTION Susie Brew** to circulate TOR via members email list. Noted that two members did not have a current DBS a requirement in the TOR and how would the group go about supporting volunteers and community groups to do this. **ACTION The Chair or Marc Reed** will enquire of Wiltshire Council if a member of the group can be given access to Wiltshire Councils online portal. Note Dawn Wilson already uses this at a local charity and could facilitate the DBS checks. **ACTION all members** with a current DBS please supply certificate numbers and issue dates to Susie by email please.
4. **Meetings**-*Resolved* that the full membership would meet quarterly. Dates for the next meeting to be circulated once the members contact list was compiled. NOTED that all members agreed to sharing contact details within the Forum. NOTED that there will be small management committee made up of Cllr S Wheeler, Dawn Wilson, Susie Brew and the Pewsey CEM/Wilts Council Commissioning rep. Its purpose is to plan for the full Forum meeting and through the Chair report to and inform the Pewsey Area Board. NOTED that safeguarding needs to be addressed with new or funded groups. Policies and support exist and can be shared via PCAP. Online learning is available through the Wiltshire Pathways portal online.
5. **JSA priorities** - NOTED that these were for Health, Mental health, obesity and Healthier Lifestyles. For older people Social isolation, dementia and support for carers. It was also NOTED that access to amenities was critical. NOTED that there is £6,700 of funds with £1,000 for expenses for an Older People's and Carers Champion. Members were asked to let Marc Reed know if they knew of anyone who could take this voluntary role on. Suggested activities were movement for the mind. Alzheimer's Support has offered to support this if members for the activity can be identified and can reach the class which would be in the new leisure centre in September. Also falls prevention classes with transport, dedicated swim session for ladies, over 50s and the very young. Tai Chi etc. **ACTION Marc Reed** to

investigate what other new leisure centre have done to share. At this point we heard from Marianne of Rushall about her idea for a Cafe to overcome isolation and offer a once a month get together. Her plan is to try to involve the children at the school next door. Funding provisionally requested £350. Advised to add insurance. **ACTION Marc Reed** to help with application. NOTED that DBS and Safeguarding will need to be addressed. Alzheimer's Support invited Marianne to visit their Memory cafe in East Grafton the first Monday of the month (excluding bank holidays). Pewsey runs a Memory Cafe the third Monday of the month. Rushall is planned for a Wednesday. NOTED that the Pewsey Coop will help with refreshments is asked as will the Spar shop. Upavon Link could help with transport. If sharing cars to get there insurance could be an issue.

6. Asset mapping- Social Care have asked for a list of all the local groups. This work has been undertaken several times over the years. To avoid duplication members asked for the existing Healthwatch list to review. **ACTION Marc Reed** to email parish councils to ask them for information. We can then collate. NOTED that Marc asked about Men's Shed. There is not an official one locally however groups that do a similar role exist and could be supported to take on new members. **ACTION** Marion to talk to Pewsey Parish Council about facilities. Also to investigate how active the old 6X club is. Mary Soellner to investigate what Bedwyn has.
7. Decision on the priorities will be made at a later date.
8. AOB. **ACTION Marc Reed** to ask Ros to contact the POPP contact to inform then that group has closed and inform them about the new Pewsey Vale Health Forum. What is going to happen to the Dementia Alliance? Will it merge with this group? Too many health related committees is onerous for all. NOTED by Susan Hiscocks who has mental health expertise that engaging with those living with mental health issues is challenging and local transport solutions are key to combatting isolation. NOTED that the buses leaflet from the POPP group was sadly out of date, but not abandoned. This needs more thought and work. The Chair thanked everyone for attending and closed the meeting at 3-45.

Future dates will be published on the website - www.pewseycap.org.uk/events

Thank you to all who attended and gave up their time.

Contact: Susie Brew - PCAP Coordinator pcap@hotmail.co.uk

Signed _____ Date _____
Cllr Stuart Wheeler (Chair)

Privacy: All members present at the meeting agreed that contact information may be shared within the group. Those not attending can ask to be removed as a contact via the email for PCAP above. We also rely on members to inform us if their contact information changes. Membership and consent for sharing within this group will be renewed in April 2019. **ACTION Susie Brew/PCAP**