

## Brain Health News for March 2015

Comic Relief is happening this March and Dementia Diaries are featured as part of this year's campaign. There are four stories to read about and watch at <http://www.rednoseday.com/what-we-do/dementia-diaries>

## Pewsey Arts Group

The art group, run by Alzheimer's Support, is for people living with dementia and family carers in the Pewsey area and meets at the Bouverie Hall every Wednesday morning from 10am to 12 (term time). Carers welcome to stay or



have time out

This is a relaxed and informal group where individuals may take part in



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various fun and engaging art projects. You will be warmly welcomed in a safe, fun and caring environment. There may be a small charge for materials.

For more information or to book a place, contact Jackie Allen on: **07776 455018.**

Email [jackiesallen3@gmail.com](mailto:jackiesallen3@gmail.com)

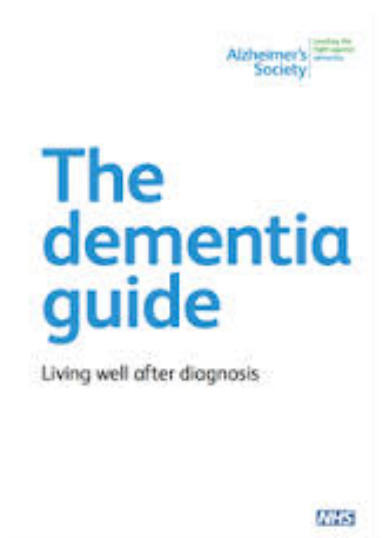
## Still Alice wins at the Oscars

Congratulations to Julianne Moore for winning an Oscar for Best Actress in a Leading Role, for her portrayal of a person with early-onset dementia in the film [#StillAlice](#) Julianne Moore speaks to Alzheimer's Society about preparing for her award winning role: <https://www.youtube.com/watch?v=JEaqWxugQHQ>



## Dementia Guide now on DVD

Do you know someone who has recently been diagnosed with dementia? The dementia guide is now available as a DVD. Order a free copy and hear about other people's experiences and advice on living well with the condition: <http://bit.ly/1vbzkPq>



Also available the **Staying Connected Kit**. Dementia is a condition that disconnects you. Not just from your memories, but from your family, friends and community too. If you, or someone you know, are living with dementia, the Alzheimer's Society has put together information, advice, tips and contacts to help - Simply request your FREE Staying Connected Kit now from <https://alzheimers.form-fill.com/staying-connected.html>



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## Dementia 2015 Survey

Alzheimer's Society is carrying out a survey of how well people with dementia are [living in their communities](#). They would like as many people with dementia as possible to complete this survey to help make the case for dementia to be a key priority for government.

The survey will inform their Dementia 2015 report, which will provide a snapshot of current experiences and attitudes towards dementia and make the case for dementia to be a key priority for government and politicians. This work builds on our [Dementia 2012](#), [Dementia 2013](#) and [Dementia 2014](#) reports.

<http://www.alzheimers.org.uk/dementia2015>

## Dementia Advisor now in Surgery

East Wilts dementia adviser Teresa Easton will work from Pewsey surgery Monday afternoons from February.

**Wiltshire's Dementia Strategy 2014 to 2021** available for download at [http://www.healthwatchwiltshire.co.uk/sites/default/files/final\\_wiltshire-dementia-strategy\\_0.pdf](http://www.healthwatchwiltshire.co.uk/sites/default/files/final_wiltshire-dementia-strategy_0.pdf)

## Dementia Alliance International

The World Dementia Council has announced that it has appointed Hilary Doxford as a member. Hilary was diagnosed with younger onset Alzheimer's disease in 2012.

Hilary and her husband Peter Paniccia featured in videos shown at the G8 Dementia Summit in December 2013. Hilary also attended the World Dementia Council's third meeting in October 2014, where she spoke about how her life has been affected by dementia.



Hilary wrote a blog for the Department of Health on [Three words to describe being diagnosed with dementia](#) in the run-up to the G8 Dementia Summit. You can watch her and her husband Peter talking about her diagnosis in the film [link here](http://youtu.be/h7ONKzrLXVU) - <http://youtu.be/h7ONKzrLXVU>.



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## [Reading Group for people with memory loss \(and their carers\)](#)



*Picture courtesy of Wiltshire Times*

This group meets at Pewsey Library every Thursday, 2pm – 3pm. Teas, coffees, soft drinks, cakes/biscuits provided. We read aloud (or just listen) and chat about the stories and poems. It's a friendly, supportive group. No need to book, just turn up on the day, or contact Josephine Corcoran on 07812 238503 or email [josephinecorcoran@thereader.org.uk](mailto:josephinecorcoran@thereader.org.uk).

## [Singing for the Brain](#)

The groups run by Alzheimer's Support, are friendly and inclusive. Being good at singing is not necessary, and we have plenty of laughter along the way. For general information about Singing for the Brain®, contact Stephany on 01225 776481 or go to [www.alzheimers.org.uk/singingforthebrain](http://www.alzheimers.org.uk/singingforthebrain)

Lockeridge, near Marlborough  
Thursday mornings at Kennet Valley  
Hall, Lockeridge, SN8 4EL.  
Call Jackie on 07777 655018C

### East Wilts Memory Cafe

The East Wilts café run by Alzheimer's Support meets at Coronation Hall, East Grafton, about five miles south of Marlborough on the A338. We meet from 2pm to 3.30pm on the first Monday of each month (or the following week if a bank holiday)

living with dementia, followed by afternoon tea.

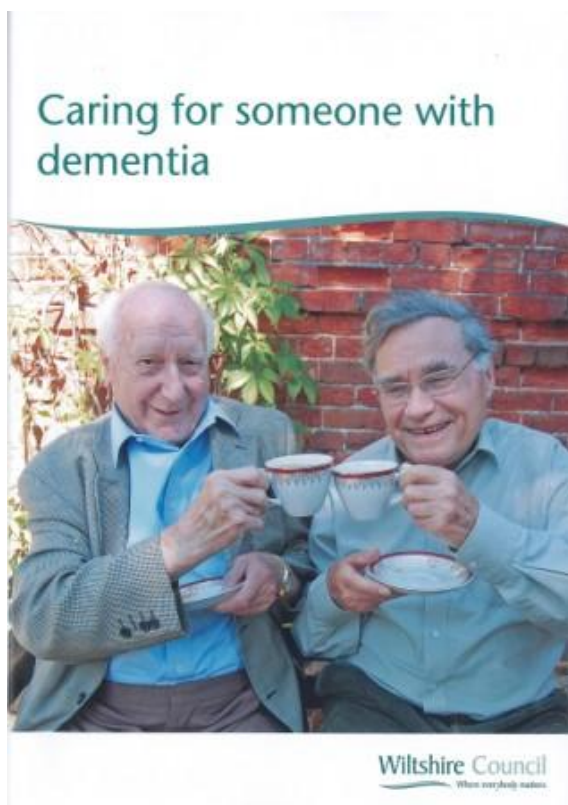
### Programme

Mar 2 **Music and Songs** with Chris Stone

Apr 13 **Kaya Rhythm and Arts Drumming** with Alex

Please let us know if you would like to come along to help us plan for catering.

**Contact Gaynor Mapp or Sally Haddrell on 01380 739055**



A typical afternoon will include a talk or discussion on an aspect of



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